

## **“The Art of Parenting”**

Come learn about ways to nurture and grow healthy children and families ~Nutrition, massage, yoga, music, meditation. We are welcoming local practitioners into the studio to share what they do and how we can incorporate it into our family life.

For more information, contact:

Jane at [tcmusictogether@comcast.net](mailto:tcmusictogether@comcast.net)  
or 860-338-3038